Published on SeniorNavigator (https://seniornavigator.org)

Live WelL Expo, Dinwiddie

Date and Time Saturday 5/4/2019 9:00am to 12:00pm Event URL Live Well Expo Event Region Petersburg/Hopewell Area Event Type Community event Event Cost \$0.00 Event Description

The Dinwiddie County Resource Council presents the 2nd Annual Live WELL Expo!!! This free event is open to the public and will take place on Saturday, May 4, 2019 at the Dinwiddie High School - 11501 Boisseau Rd. Dinwiddie, VA 23841 from 9:00 a.m. until Noon. Registration is not required.

Designed to showcase the many ways to Eat Well, Move Well and Live Well, right here in Dinwiddie the expo will bring together a plethora of health and wellness experts, specialists, and local vendors, all who will be on hand to provide useful information, samples, and live demonstrations. Contact Rose Mastracco, Director, Dinwiddie DSS at 804.469.4524 or email to <u>dinwiddielivewellexpo@gmail.com</u> for more information of if you have questions.