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Prevention Begins with Fall Risk Factors Assessment - Virginia Falls Prevention Awareness Week Virtual Events

Date and Time

Wednesday 9/23/2020 10:00 to 11:00am

Event URL

[Register](#)

Event Region

Statewide

Event Type

Class - Workshop

Event Cost

\$0.00

Event Description

Prevention Begins with Fall Risk Factors Assessment with Dr. Julia Castleberry will emphasize the importance of identifying fall risk factors. Learn how medications, vitals, and movement, as well as arthritis, strength, and speed, impact an individual's risk for falls. This presentation also brings to light the fall risk factors of low vision, fear of falling, obesity, and obstructive sleep apnea. Fall risk screenings need to be updated, and fall risk assessments will be discussed and the information presented has immediate application and impact on fall risk prevention.

Visit <https://www.vpas.info/events> for a list of events for the rest of the week. Call Valley Program for Aging Services at -1-800-868-8727 with questions or for more information or email vpas@vpas.info

Event Image or Sponsor Logo

Image

