#### **Home Modification and Safety**

Modifications, repairs and equipment that make homes safer and more accessible. Also includes programs that provide financial assistance to pay for the modifications, repairs and equipment.

Article

#### Universal Design Resources

Universal Design (UD) is a strategy for making products, environments, operational systems, and services welcoming and usable to the most diverse range of people possible.

Source

U.S. Department of Labor: Office of Disability Employment Policy Links

# Public Safety Brochures from the National Police Association

Source <u>Public Safety Brochures from the National Police Association</u> Article

# Aging in Place: Tips on Making Home Safe and Accessible

Living at home as you age requires careful consideration and planning. Learn how you can make some changes to help maintain your independence.

Source National Institute on Aging Books & Guides

#### AARP HomeFit Guide 2020

The <u>AARP HomeFit Guide</u> provides smart ways to make a home comfortable and safe for older adults and people of all ages.

Source
AARP

Article

### **6 Indispensable Tech Tools for Family Caregivers**

Learn about helpful tech tools for family caregivers. Source <u>Caring.com</u> Links

### Virginia Residential Energy Incentives

Source <u>Virginia Residential Energy Incentives</u> Links

#### National Aging in Place Council (NAIPC)

Source <u>National Aging in Place Council (NAIPC)</u> Links

# National Association of Home Builders (NAHB): Accessibility

Source <u>National Association of Home Builders (NAHB): Accessibility</u> Links

# AARP Foundation - Here to Stay: Home Upkeep for All

Source AARP Foundation - Here to Stay: Home Upkeep for All Article

## **Be Prepared to Stay Safe and Healthy in Winter**

Winter storms and cold temperatures can be dangerous. Stay safe and healthy by planning ahead. Prepare your home and cars. Prepare for power outages and outdoor activity. Check on older adults.

Source Centers for Disease Control (CDC)

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