

Residential facilities which include rehabilitative, skilled nursing and/or custodial care.

Article

Virginia Assisted Living Finder

Need help understanding and simplifying assisted living options? There's an array of senior living options across Virginia that cater to different needs. The Virginia Assisted Living Finder includes housing resources and FAQs on housing topics to help guide you and your family.

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Article

Virginia Senior Housing Finder

Need help understanding and simplifying senior housing? There's an array of senior living options across Virginia that cater to different needs. The Virginia Senior Housing Finder includes housing resources and FAQs on housing topics to help guide you and your family.

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Article

11 Housing Options for Older Adults Who Need a Little - or More - Help

Housing ranks among the biggest monthly expenses, but few older adults consider the most appropriate home settings for their needs.

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[AARP](#)

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Essential Questions to Ask a Nursing Home

Choosing a nursing home can be challenging. Learn about some essential questions to ask when considering nursing home options.

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[U.S. News & World Report](#)

Links

Nursing Home Inspect from Pro Publica

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[Nursing Home Inspect from Pro Publica](#)

Article

Finding a Nursing Home: Don't Wait Until You Need One to Do the Research

If you're looking for a high-quality nursing home, the advice from experts is loud and clear: Do your homework.

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[AARP](#)

Links

Age and Ability Inclusion Toolkit for Senior Living

Source

[Age and Ability Inclusion Toolkit for Senior Living](#)

Article

How to Stay Connected with a Loved One in Long-Term Care

How to stay close and connected with a loved one in long-term care.

Source

How to Avoid Going Broke in Long-Term Care

This article explores ways to protect your assets while also paying for long-term care.

Source

[Smith Strong, PLC](#)

Books & Guides

Housing Options for Older Adults

[Housing Options for Older Adults](#) is a resource guide for making housing decisions as you grow older.

Source

[National Association of Area Agencies on Aging](#)

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