Age-qualified housing communities, some of which offer "convenience services" such as meal preparation, transportation, and other help with activities of daily living (ADLs).

Links

Aging in Place: Your Home, Your Community, Your Choice

Learn more about the essentials of a successful plan using the materials available on this web page. Topics covered include: housing, health and wellness, transportation, personal finance, and social connections and growth.

Source <u>Aging in Place: Your Home, Your Community, Your Choice</u> Article

Make Aging in Place Your Plan: The Key to Living Longer and Independently

"Aging in place" provides an option for staying in your own home with supports and services as you age.

Source <u>Women's Institute For A Secure Retirement</u> Links

CARF International: Accreditation

Source CARF International: Accreditation Article

Housing Options for Older Americans

This overview of senior housing options from the Administration for Community Living provides a summary of different types of housing. It also reviews ways assistive technology can help older citizens remain in their homes. Source

Administration for Community Living

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