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[Holding a Family Meeting](#)

Cooperation is key in any family caregiving situation, and family meetings help to achieve consensus. The Family Caregiver Alliance article [Holding a Family Meeting](#) covers who should be involved in the meeting, setting agendas for the meeting, where to hold meetings. The article identifies potential challenges that could occur, outlines the "Win/Win" situation, provides advice on when to get outside help, and provides additional resources.

Used with permission of **Family Caregiver Alliance, National Center on Caregiving**--40 years of experience advocating for policies and delivering programs nationwide to support and sustain the quality work of family caregivers and caregiving professionals. Leads quality education, provides compassionate caregiver planning services and works to bridge research and practice to benefit all caregivers. For more information, visit www.caregiver.org or call (800) 445-8106.

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