Homemaker Services

Age Requirements 60+ Available 24/7 No Other Eligibility Criteria Frail, elderly persons age 60 and over who need assistance in their home Family No Intake Contact Email pholland@raaa16.org Intake Process Self-referral. Written assessment required Self Refer Yes Healthy Generations Area Agency on Aging https://healthygenerations.org https://www.facebook.com/RappahannockAreaAgencyonAging/ Main (540) 371-3375 **Toll-Free** (800) 262-4012 460 Lendall Lane 22405 VA **United States** Fee Structure No Fee Languages Spoken English , Spanish , French ,

Multi-Lingual

The Older Americans Act requires that agencies on aging develop service systems for older individuals who are capable of self-care but need assistance in maintaining maximum independence in their home environments.

Homemaker services can be provided on a weekly or biweekly basis to assist those who are frail, have disabilities, and/or are at risk of premature institutional placement. Assistance includes light housekeeping, essential shopping, and small meal preparation.

English, Spanish, French, Russian, and Vietnamese is spoken in the office.

Service Area(s) Caroline County

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Fredericksburg City

King George County

Spotsylvania County

Stafford County