Caregiver Support

Age Requirements 60 +Available 24/7 No Other Eligibility Criteria We provide support to adults of any age who are caregivers for individuals. Either the caregiver or person cared for must be 60 or older. Family Yes Intake Contact **Caregiver Support Team** Intake Contact Email caregiversupport@youraaa.org Intake Process Please call the office for more information. Provider Refer Yes Self Refer Yes The SPAN Center https://spancenter.org/ https://seniorconnections-va.org/services/assistance-for-caregivers/ @sccaaa Main (804) 343-3000 TTY/TTD (804) 343-3008 1300 Semmes Avenue 23224 VA United States Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm Friday: 8:30 am-5:00 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Languages Spoken English

Language Line available

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The SPAN Center offers caregiver support services such as:

- Information for caregivers about available services.
- Guidance for caregivers in gaining access to supportive services.
- Individual counseling, support groups, and caregiver training to help in problem-solving and decision making.
- Information about Respite Care to provide temporary relief from caregiving roles.
- Referrals to supplemental services such as Home Modification, Assistive Technology, Emergency Response Systems, etc.

Caregivers can call Ride Share for information about transportation.

Service Area(s) Charles City County

Chesterfield County

Goochland County

Hanover County

Henrico County

New Kent County

Powhatan County

Richmond City Email <u>seniorconnections@youraaa.org</u>