

## Fork Union Active Older Adult Center with Mid-Day Meal, Fluvanna

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Open to all members of the community, particularly those 60 and older who are mobile and not homebound.

Family

No

Intake Contact

Faith Stuart

Intake Contact Email

[fstuart@fluvannacounty.org](mailto:fstuart@fluvannacounty.org)

Intake Process

Call, email, or stop in for a visit.

Intake Contact Telephone

(434) 842-3150

Provider Refer

Yes

Self Refer

Yes

JABA (Jefferson Area Board for Aging)

<https://www.jabacares.org/>

<http://www.jabacommunityseniorcenters.org/#/fork-union-active-older-adult/>

<https://www.facebook.com/jaba.charlottesville/>

JABA (@jabacares) / Twitter

Main

(434) 817-5222

Toll-Free

(833) 559-2428

5725 James Madison Highway  
23055 VA  
United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Program hours may vary.

Fee Structure

Suggested Donation

Languages Spoken

English

The JABA Fork Union Active Older Adult Center offers a hot, freshly prepared lunch, which incorporates local foods when available. Please call for more information.

The Adult Center is a gathering place for daily socialization, whether for health or current events discussions, crafts, sewing, gardening, exercise programs, computer classes, games or field trips. The Center links older adults and their families with a wide array of community services essential for maintaining health, independence, and well being. Programs are offered in four core areas: Health and Nutrition, Education and Recreation, Physical Fitness and Volunteerism.

Caregivers are expected to attend along with individuals who require personal assistance.

Service Area(s)

Fluvanna County

Email

[info@jabacares.org](mailto:info@jabacares.org)