

## Adult Respite Care Program

### Age Requirements

18 and over

### Other Eligibility Criteria

18 years and older; require supervision and assistance with daily living; with health issues.

### Intake Process

Call the office for information.

### Provider Refer

Yes

### Qualifications

#### Qualification Type

Licensure

#### Qualification Entity

Virginia Department of Social Services

#### Self Refer

Yes

Staunton Augusta YMCA

<https://www.saymca.org>

<http://www.saymca.org/seniors/adult-respite-care/>

<https://www.facebook.com/SAYMCAPrograms/>

<https://twitter.com/saymca1>

#### Main

(540) 885-8089

708 North Coalter Street

24401 VA

United States

Monday: 5:30 am-8:00 pm

Tuesday: 5:30 am-8:00 pm

Wednesday: 5:30 am-8:00 pm

Thursday: 5:30 am-8:00 pm

Friday: 5:30 am-8:00 pm

Saturday: 7:00 am-7:00 pm

Sunday: 1:00 am-7:00 pm

## Additional Availability Comments

8:30 am-2:00 pm – Tuesdays, Wednesdays and Thursdays only

## Fee Structure

Fixed Fee

## Payment Method(s)

Private Pay

## Languages Spoken

English

The Adult Respite Care program offers a stimulating and friendly environment for those individuals who are unable to be alone during the day. Participants enjoy the company of other adults, the support of a nursing staff, group exercise classes, walking, swimming and the wellness center. The program celebrates the richness of each generation by helping participants remain active and stimulated both physically and mentally; encouraging participants to achieve their maximum level of functioning; fostering socialization, interaction and relationships across generations; and providing support for families and caregivers.

Persons with dementia, diabetes or multiple frailties are welcome. Morning snack and hot lunch.

## Service Area(s)

Augusta County

,

Staunton City