## Arthritis Care and Support, Reynolds Center

Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Veterans will need a referral to receive services. Intake Contact Email Reynolds@shelteringarms.com Intake Process Call for information and an appointment. The fitness telephone number is (804) 764-5275 and the Industrial Rehabilitation email is industrial@shelteringarms.com. Intake Contact Telephone (804) 764-1000 **Provider Refer** Yes Qualifications Qualification Type Certification **Qualification Entity** Medicaid **Report Problems** Call the Agency Self Refer Yes Sheltering Arms Physical Rehabilitation Centers https://www.shelteringarms.com https://www.facebook.com/shelteringarms/ https://twitter.com/SheltArmsRehab Rehablog https://www.shelteringarms.com/about-us/rehablog/ Main (804) 764-1000 Toll-Free (877) 567-3422

6627 West Broad Street 23230 VA United States

Monday: 7:30 am-5:00 pm Tuesday: 7:30 am-6:00 pm Wednesday: 7:30 am-5:00 pm Thursday: 7:30 am-6:00 pm Friday: 7:30 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Fitness hours are Monday through Friday from 8:00 am until 4:30 pm. Fee Structure Call for Information Payment Method(s) **Private Insurance** , Medicaid Medicare Tricare Languages Spoken English

The physical therapists and physicians at Sheltering Arms can work with you on specific exercises and techniques for reducing pain and improving function. As with many conditions, maintaining a healthy, regular exercise regimen can also prove helpful in reducing the pain associated with arthritis. Sheltering Arms' fitness centers, structured fitness classes and warm water therapeutic pool are excellent options for beginning and maintaining this routine.

Service Area(s) Amelia County

Brunswick County

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Caroline County

Charles City County

Charlottesville City

Chesterfield County

Colonial Heights City

Cumberland County

Dinwiddie County

Essex County

Fredericksburg City

Gloucester County

Goochland County

Greensville County

Halifax County

Hampton City

Hanover County

Henrico County

Isle of Wight County

James City County

, King George County King William County King and Queen County Lancaster County Louisa County Mathews County Mecklenburg County Middlesex County New Kent County Newport News City Norfolk City Northumberland County Nottoway County Petersburg City Powhatan County Prince Edward County Prince George County Richmond City **Richmond County** Southampton County

Spotsylvania County

Stafford County

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Sussex County

Virginia Beach City

Westmoreland County Email info@shelteringarms.com