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What is Ask an Expert?

Not sure where to turn? Let us help guide you!

Ask an Expert is an exciting feature that allows you to email us a question to be answered by our volunteer experts--professionals across many disciplines. Expert advice is combined with services available in your community to take the next step forward!

VirginiaNavigator's Ask an Expert feature does not provide crisis intervention. If you need immediate help, please call 911.

Get Started

[Already a Member?](#)

Membership gives you access to this feature and others. [Log In](#) to access the Ask an Expert feature.

[New to VirginiaNavigator](#)

Membership gives you access to this feature and others. [Create a User Account](#) to establish membership today. Then log in to Ask an Expert!

[Confidentiality](#)

For confidential personal communication you will need to either [Log In](#) to your existing account or become a member to access Ask an Expert.

Frequently Asked Questions

Do I have to create an account to access Ask an Expert?

Yes. A membership account gives you access to this feature and others. [Log In](#) to access the Ask an Expert feature.

How long does it take to receive an Ask an Expert response?

We strive to get Ask an Expert responses sent within 3 business days. Please note that sometimes it may take longer than 3 business days if we are still gathering information and resources from our experts.

What should I do if I am in a crisis and need immediate help?

Ask an Expert does not provide crisis intervention. If you need immediate help, please call 911.

Ask an Expert was such a great help to me and my family! What can I do to thank you?

We love to hear how Ask an Expert helps families! Please consider [sharing your story](#) about how we helped you by responding to the survey that accompanies all Ask an Expert answers. You may also [make a small donation](#) if you so choose.

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