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## **A Guide to Senior Rehabilitation Centers**

As people age, they become more susceptible to accidental injuries and medical emergencies that can result in hospitalization. **Current studies** show that about 17% of seniors aged 65 and older have been hospitalized during the year, a rate more than double that of adults aged 45 to 64. Additionally, seniors in this age group are more likely to require post-treatment rehabilitation care, with nearly 70% requiring rehabilitation compared to 23% of middle-aged adults.

Senior rehabilitation centers focus on providing medical care and skilled nursing services that help patients make a full post-treatment recovery. This guide introduces senior rehabilitation centers, explores who might need rehab care and gives an overview of typical services and care types. It also addresses the cost of care, where to find financial assistance and how to choose a rehab facility.

> Learn more at [A Guide to Senior Rehabilitation Centers](#).

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**Caring.com** is an online destination for those seeking information and support as they care for aging parents, spouses, and their loved ones. Their mission is to "help the helpers". They equip family caregivers to make better decisions, save time and money, and feel less alone -- and less stressed -- as they face the many challenges of caregiving. Their content is carefully researched and expert-reviewed from a team of more than 50 trusted leaders in geriatric medicine, law, finance, housing, and other key areas of healthcare and eldercare.

Address of content item

United States