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## [Brain Injury Association of Virginia ~ In-Person Support Group](#)

Date and Time

Monthly on the third Monday at 6:00pm for 15 times

Upcoming

- Monday 1/20/2025 6:00 to 7:00pm
- Monday 2/17/2025 6:00 to 7:00pm
- Monday 3/17/2025 6:00 to 7:00pm
- Monday 4/21/2025 6:00 to 7:00pm
- Monday 5/19/2025 6:00 to 7:00pm
- Monday 6/16/2025 6:00 to 7:00pm
- Monday 7/21/2025 6:00 to 7:00pm
- Monday 8/18/2025 6:00 to 7:00pm
- Monday 9/15/2025 6:00 to 7:00pm
- Monday 10/20/2025 6:00 to 7:00pm
- Monday 11/17/2025 6:00 to 7:00pm

Event Region

Richmond Area

Event Type

Support group

RSVP Info

To join, contact [info@biav.net](mailto:info@biav.net) or 804-355-5748 ext. 102 (Advanced registration is required).

Event Cost

\$0.00

Event Description

**For People Living with Brain Injury, Their Families, and Friends**

Living with a brain injury can be an isolating experience. But you're not alone. Whether you are an individual living with a brain injury or a family caregiver, attending a support group gives you a safe space to talk to others who truly understand what you're going through.

## **Join Us**

Attend any of BIAV's support groups. Receive support, strength, and share your experiences with others in the same position.

Join us for in-person meetings on the third Monday of every month at 6 p.m. in the Willow Lawn area of Richmond.

Event Image or Sponsor Logo

Image

