

Published on *SeniorNavigator* (<https://seniornavigator.org>)

## [Virginia Adaptive Sports Festival](#)

Date and Time

Saturday 10/19/2024 10:00am to 2:00pm

Event URL

[Register](#)

Event Region

Statewide

Event Type

Community event

Event Cost

\$0.00

Event Description

Join Sportable at the Virginia Adaptive Sports Festival on Saturday, October 19, 2024, 10am-2pm, at the Henrico Sports and Events Center! The FREE event is the East Coast's largest exposition of sports and recreational opportunities for individuals with disabilities - 1,000 attendees are expected!

### **The Virginia Adaptive Sports Festival is for you, if you want to...**

...PARTICIPATE and try out one of our sports adapted for people who have limited mobility, a physical or visual impairment. No matter your age or disability, we have something for you! From wheelchair sports teams to individual sports like archery, cycling or kayaking, there are 16 sports to try out and choose from

...SPECTATE and watch the Sportable Possums Wheelchair Rugby team and other Paralympic sports with topnotch athletes compete against one another. You will not want to miss the action on the court!

...VOLUNTEER and learn about how you can make an impact in the lives of individuals with physical disabilities and visual impairments

...SPONSOR the Virginia Adaptive Sports Festival and help make sports accessible and inclusive!

**For more information go to:** [Virginia Adaptive Sports Festival](#)

Event Image or Sponsor Logo

Image

