

End of life planning is important to ensure that the dying person's wishes are honored during this time. This section provides articles and resources to help as you and your family discuss end of life considerations such as individualized medical orders, palliative and hospice care, and any funeral or memorial arrangements.



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Cake: Funeral and End-of-Life Platform and Tools

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[Cake: Funeral and End-of-Life Platform and Tools](#)

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CaringInfo (National Hospice and Palliative Care Organization)

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[CaringInfo \(National Hospice and Palliative Care Organization\)](#)

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Memorial Society of Northern Virginia

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[Memorial Society of Northern Virginia](#)

Books & Guides

Conversation Starter Guides: When it comes to end-of-life care, talking matters

These Conversation Guides can help you have ‘the conversation’ with the important people in your life about your – or their – wishes for care through the end of life.

Source

[The Conversation Project](#)

Books & Guides

Advance Care Planning Guide

This [Advance Care Planning Guide](#) from Honoring Choices[®] Virginia provides helpful information on planning in advance for future health care choices.

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[Honoring Choices[®] Virginia](#)

Links

The Conversation Project

The Conversation Project is dedicated to helping people talk about their wishes for end-of-life care.

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[The Conversation Project](#)

Links

National POLST: Physician Orders for Life-Sustaining Treatment

The National POLST Paradigm is an approach to end-of-life planning based on conversations between patients, loved ones, and health care professionals

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[National POLST: Physician Orders for Life-Sustaining Treatment](#)

Links

ConnectVirginia: Virginia Advance Health Care Directives Registry

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[ConnectVirginia: Virginia Advance Health Care Directives Registry](#)

Article

Why Are Funerals So Expensive? 4 Ways to Cut Costs

When planning a funeral consider ways that you can cut costs for funeral expenses.

Source

[WayForth](#)

Article

Top 10 Things to Do: Checklist for a Death In the Family

The days and weeks immediately following a death in the family can be confusing and hectic. This checklist provides practical advice and strategies for this difficult time.

Source

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